



BRITISH  
HIP  
SOCIETY

# BHS 2022

INSTRUCTIONAL COURSE III  
The Young Adult Hip  
4TH MARCH

BOURNEMOUTH



Join us Face-to-Face | Engage, discuss, debate.

## F2F Registration includes:

- ✓ In-person attendance 4<sup>th</sup> March, Bournemouth International Centre
- ✓ The Royal College of Surgeons of England has awarded up to **6 CPD points** for this event.
- ✓ Post-event on demand viewing 21<sup>st</sup> March – 30<sup>th</sup> June
- ✓ Expert-led debates, case discussions and Keynote lectures



**Convenor:**

Vikas Khanduja



Callum McBryde



Jonathan Hutt



Marcus Bankes



Tony Andrade



Damian Griffin



Ajay Malviya



Tim Board



Johan Witt



Richard Field



Paul Gaston



Fares Haddad



Giles Stafford



Sion Glyn-Jones



Simon Newman



Pranai Buddhdev



Sanjeev Madan



Aresh Hashemi  
Nejad



Andy Langdown



Patrick Carton



Max Fehily



Hal Martin



Dora Papadopoulou



Ernest Schilders



David Lloyd



Jo Kemp

The BHS Instructional course was set up with the aim of providing a comprehensive, FRCS (Orth) syllabus and evidence-based update on topics related to hip surgery.

This facilitates acquiring and updating knowledge at a rapid rate and in a short span of time. The first course was run on the last day of the 2020 Newport Annual Meeting and was a roaring success both in terms of numbers attending and the feedback. Building on the success and the feedback of the first course, the second course on 'Trauma and Revision' took place virtually in 2021 and yet again proved very successful.

The theme for this year's course is 'The Young Adult Hip' and we have been awarded six CPD points by the Royal College of Surgeons of England. Focusing on the mantra of 'Inclusivity and Diversity', dedicated and enthusiastic surgeons and academics from across the country have been brought together to lecture on their area of expertise for this course.

So, if you wish to learn, share, debate and discuss ideas and surgical techniques in an exciting environment, the BHS Instructional Course is for you!

**Vikas Khanduja**

BHS President Elect

Instructional Course Convenor



## General information and FAQs

### CPD CERTIFICATES?

The Royal College of Surgeons of England have awarded up to **6 CPD points** for this event. An online evaluation form will be sent to all delegates post-event. CPD certificates will be issued electronically, subject to the evaluation form being completed.

### SPEAKER PREVIEW FACILITIES?

All speakers are requested to proceed to the speaker preview room upon arrival, located in the Purbeck Foyer, **at least two hours prior to their scheduled presentation time**. Please bring your slides on a USB stick and check all is in order with our audio visual colleagues.

**Please Note:** All talks will be recorded for post-event on demand viewing – please anonymise any clinical videos/photographs and/or items of a confidential/sensitive nature.

### PRAYER ROOM?

Please check with a member of staff at our registration desk for further details should you wish to make use of this provision, subject to availability.

### ON DEMAND POST-EVENT VIEWING?

On demand viewing post-event will be available from 21<sup>st</sup> March until 30<sup>th</sup> June for this event provided you have fully registered to attend. Log in details to our online platform will be sent by email as part of final joining instructions.

### MEETING VENUE & CAR PARKING?

Bournemouth International Centre, Exeter Road, Bournemouth, BH2 5BH. There should be ample car parking space at most hotels. Alternatively, there is a large car park onsite at the BIC venue – further details available at: [bic.co.uk/parking](http://bic.co.uk/parking)

**Note:** Please use our dedicated Purbeck Foyer entrance on the **seafront side of the building**.

### COVID-19 REGULATIONS?

Please follow guidance provided in our final joining instructions email that will be sent to all delegates prior to the event.

### Wi-Fi @ BIC MEETING VENUE?

**Network name:** \_BIC\_Public (**No password**)

### REGISTRATION & NAME BADGES?

Our registration desk will be located in the Purbeck Foyer and open from 7.30am. Lanyards and name badges will be issued to delegates upon arrival - **for purposes of security, delegates are requested to wear these at all times**.

### HOTEL ACCOMMODATION?

Provided a booking was made through the Business Events Bournemouth platform, please contact 01202 816 147 or at: [bookings@bebres.org.uk](mailto:bookings@bebres.org.uk) for further information should you need to change your existing booking or check availability for a new booking.

### BOURNEMOUTH - THINGS TO DO?

For advice on restaurants, shopping and things to do in the local area, please visit Bournemouth's official tourism website at: [bournemouth.co.uk](http://bournemouth.co.uk)

**ROOM: PURBECK FOYER**

 07:30 **REGISTRATION**
**ROOM: PURBECK LOUNGE**

 08:20 **WELCOME & INTRODUCTION** **Vikas Khanduja**  
(Cambridge)

**ROOM: PURBECK LOUNGE**
**SESSION 1:  
YOUNG ADULT HIP - BASICS**
**Chair:**  
**Vikas Khanduja**  
(Cambridge)

08:30	Applied Anatomy of the Hip	<b>Callum McBryde</b> (Birmingham)
08:45	Clinical Examination of the Young Adult Hip	<b>Vikas Khanduja</b> (Cambridge)
09:00	Evaluation of the Plain Radiograph	<b>Jonathan Hutt</b> (London)
09:15	MRI, CT and Ultrasound Assessment of the Hip Joint	<b>Marcus Bankes</b> (London)
09:30	Discussion	

**09:45 – 10:15 COFFEE | INDUSTRY EXHIBITION | E-POSTERS**  
**Room: Purbeck Hall**
**ROOM: PURBECK LOUNGE**
**SESSION 2:  
YOUNG ADULT HIP - CORE PATHOLOGY  
& VIDEO SESSION**
**Chairs:**  
**Tony Andrade**  
(Reading)

**Richard Field**  
(London)

10:15	Femoroacetabular Impingement Syndrome	<b>Damian Griffin</b> (Warwick)
10:30	Acetabular Dysplasia	<b>Johan Witt</b> (London)
10:45	Synovial Disorders of the Hip	<b>Richard Field</b> (London)
11:00	Snapping Syndromes around the Hip	<b>Tony Andrade</b> (Reading)
11:15	Case Based Discussion	<b>Marcus Bankes</b> (London)

**ROOM: PURBECK LOUNGE**
**SESSION 2:  
YOUNG ADULT HIP - CORE PATHOLOGY  
& VIDEO SESSION**
**Chair:**  
**Tony Andrade**  
 (Reading)

11:35	<b>"How to Do" Session - Technical Videos - 5 minutes each</b>	
	Arthroscopic Set-up	<b>Paul Gaston</b> (Edinburgh)
	Arthroscopic Labral Repair	<b>Giles Stafford</b> (London)
	Arthroscopic Cam Excision	<b>Sion Glyn-Jones</b> (Oxford)
	Arthroscopic Pincer Excision	<b>Simon Newman</b> (Oxford)
	Femoral Osteotomy	<b>Pranai Buddhdev</b> (Chelmsford)
	Periacetabular Osteotomy	<b>Ajay Malviya</b> (Northumbria)
12:05	Discussion	

**12:15 – 13:00 LUNCH | INDUSTRY EXHIBITION | E-POSTERS**  
**Room: Purbeck Hall**

**ROOM: PURBECK LOUNGE**
**SESSION 3:  
YOUNG ADULT HIP - SECONDARY PATHOLOGY**
**Chair: Ajay Malviya**  
 (Northumbria)

13:00	Slipped Capital Femoral Epiphysis	<b>Sanjeev Madan</b> (Sheffield)
13:15	Perthes Disease	<b>Aresh Hashemi Najad</b> (London)
13:30	Avascular Necrosis	<b>Sion Glyn-Jones</b> (Oxford)
13:45	Greater Trochanteric Pain Syndrome	<b>Andy Langdown</b> (Portsmouth)
14:00	Discussion	

**ROOM: PURBECK LOUNGE**
**SESSION 4:  
EXTRA-ARTICULAR HIP IMPINGEMENT  
SYNDROMES**
**Chair: Fares Haddad**  
(London)

14:15	<b>PR</b> Sub spine Impingement	<b>Patrick Carton</b> (Ireland)
14:25	Iliopsoas Impingement	<b>Max Fehily</b> (London)
14:35	<b>PR</b> Deep Gluteal Syndrome	<b>Hal Martin</b> (Texas, USA)
14:45	Ischiofemoral Impingement	<b>Tim Board</b> (Wrightington)
14:55	Hamstring Tendinopathy and Tears	<b>Fares Haddad</b> (London)
15:05	Discussion	

15:20 – 15:45 **TEA BREAK**  
Room: Purbeck Bar

**SESSION 5:  
THE GROIN & REHABILITATION**
**Chair: Vikas Khanduja**  
(Cambridge)

15:45	Approach to the Groin and Terminology	<b>Dora Papadopoulou</b> (Loughborough)
16:00	Adductor Pathology	<b>Ernst Schilders</b> (Leeds & London)
16:15	<b>PR</b> Inguinal Pathology	<b>David Lloyd</b> (Leicester)
16:30	<b>PR</b> Rehab for YAH Pathology	<b>Jo Kemp</b> (Australia)
16:45	Outcome Measures and Registries	<b>Ajay Malviya</b> (Northumbria)
17:00	Discussion	
17:15	Closure and Evaluation	<b>Vikas Khanduja</b> (Cambridge)

**Notes:**

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